

Be Brave. Be Safe. Be Connected: How to have Courageous Conversations

Introduce the topic.
Start with a questions
or welcome a question
to start exploring.

Open up discussions, young
people are full of questions -
welcome them and bring your
own to the table. You are
exploring together, don't be
afraid of "I don't know"!

1. Open the Box

2. Inside the Box

3. Unpack the Box

4. Close other Boxes

5. Outside the Box

Have clear next steps and invitations to
continue the conversations and reflections.

Explore what you know.
Gain levels of understanding,
awareness and emotion.
Temperature check where
people are coming into the
conversation

Correct falsehoods, help
young people navigate
fake facts.
Follow a clear process to
respond to extreme views,
strong opinions, and
harmful comments.

Free of judgment - Different opinions are valid and welcome! Allow for controversy with respect and civility.

Active listening - Listen carefully to what others are saying - even when you disagree with what is being said.

Conscious challenges - Challenge or criticise the *idea*, not the person and support your statements - this allows for 'unlearning'. Encourage students to use evidence and provide rationale for points.

All voices welcome - Vary the processes of discussion (group, pairs, talking stick) to allow all voices a chance to be heard.

Respect - Distinguish between challenge and aggression. Recognise our opinions are shaped by our contexts and our beliefs, and that they are all different.

Be Brave

Welcome the questions and the emotions

Be Safe

Create a safe space to talk

Be Connected

Build a sense of connection